



AESTHETICS
with
— DIGNITY —
CONSULTATION BROCHURE

CHEMICAL PEELS

REJUVENATE | RENEW | RESTORE

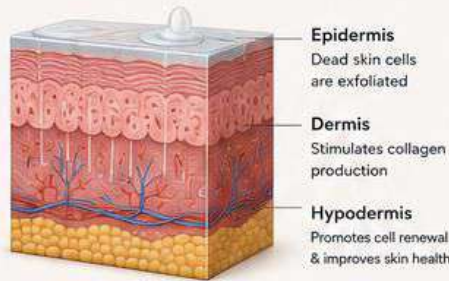


Medically formulated solutions that safely exfoliate, renew and reveal healthier, brighter, more radiant skin.

WHAT IS CHEMICAL PEEL?

A chemical peel is a non-invasive skin resurfacing treatment that uses a specialised solution to exfoliate the outer layers of the skin. This stimulates cell turnover, unclogs pores, fades pigmentation and improves overall skin tone and texture for a clearer, more youthful glow.

HOW DOES IT WORK?



Epidermis
Dead skin cells are exfoliated

Dermis
Stimulates collagen production

Hypodermis
Promotes cell renewal & improves skin health

- Exfoliates dead skin cells
- Unclogs pores & reduces breakouts
- Fades pigmentation & sun damage
- Stimulates collagen & elastin
- Improves texture, tone & radiance

BENEFITS

- Improves acne & prevents future breakouts
- Fades pigmentation & melasma
- Reduces fine lines & wrinkles
- Improves skin texture & tone
- Minimises pores
- Brightens dull, tired skin
- Promotes collagen production
- Supports long-term skin health

PEEL DEPTHS: RESULTS VS RISKS

SUPERFICIAL (LIGHT)	MEDIUM	DEEP
Targets: Dullness, mild acne, uneven tone	Targets: Pigmentation, acne scars, fine lines	Targets: Deep wrinkles, severe sun damage
Results: Brighter, smoother skin	Results: Noticeable improvement	Results: Significant transformation
Downtime: 1-3 days	Downtime: 4-7 days	Downtime: 7-14 days
Peeling: Light flaking	Peeling: Moderate	Peeling: Intense

Depth is customised to your skin concern, goals and tolerance for downtime.

THE TREATMENT PROCESS

- 1 Skin is cleansed and prepped.
- 2 The peel solution is carefully applied to target your concerns.
- 3 You may feel a mild tingling or warmth for a few minutes.
- 4 The solution is neutralised (if required) and removed.
- 5 Soothing products are applied to calm and hydrate.
- 6 Your skin is protected with SPF and aftercare guidance.



CUSTOMISED PEELS FOR YOUR CONCERNS



ACNE & CONGESTION

Targets: Active acne, clogged pores, excess oil, post-acne marks

Peels Used: Salicylic Acid, Mandelic Acid, Lactic Acid, Jessner's Peel

Benefits: Clears breakouts, reduces oil production, calms inflammation, fades post-acne marks.



MELASMA & PIGMENTATION

Targets: Melasma, sun spots, uneven skin tone, post-inflammatory pigmentation

Peels Used: Tranexamic Acid, Lactic Acid, Mandelic Acid, TCA (customised)

Benefits: Inhibits melanin production, brightens skin, evens out tone, reduces stubborn pigmentation.



SKIN REJUVENATION & ANTI-AGEING

Targets: Fine lines, wrinkles, dullness, uneven texture, enlarged pores

Peels Used: Glycolic Acid, Lactic Acid, TCA (customised), Retinol Peel

Benefits: Boosts collagen, smooths texture, improves elasticity, restores radiance.

POSSIBLE SIDE EFFECTS

- Redness
- Mild stinging or tingling
- Dryness or flaking
- Temporary darkening (rare)
- Sensitivity to sun

CONTRAINDICATIONS

- Active skin infection or open wounds
- Pregnancy or breastfeeding
- Severe eczema or psoriasis
- Use of isotretinoin (within last 6 months)
- History of keloid scarring
- Allergy to peel ingredients

AFTERCARE

- Keep skin clean and hydrated.
- Use gentle skincare products.
- Avoid direct sun exposure. Always use SPF 30+.
- Avoid makeup for 24-48 hours.
- No intense exercise, sauna, or swimming for 48 hours.
- Do not pick or scratch the skin.

Following aftercare ensures best results and reduces risk of complications.

SKIN IMPROVEMENT TIMELINE

Results vary depending on skin concern, peel depth and individual skin response.



1-3 DAYS

Skin may appear red and feel sensitive. Mild flaking or dryness begins.



4-7 DAYS

Peeling subsides. Skin appears brighter, smoother and refreshed.



2-4 WEEKS

Visible improvement in tone, texture and clarity.



4-6 WEEKS+

Collagen production continues improving skin health and radiance.

A series of 3-6 peels, spaced 2-4 weeks apart, is recommended for optimal results.

FREQUENTLY ASKED QUESTIONS

Q. Is chemical peel painful?

A. You may feel mild tingling or warmth during the treatment, but it is generally well tolerated.

Q. When will I see results?

A. You will notice a glow within a few days, with continued improvement over several weeks.

Q. How many sessions will I need?

A. Most clients benefit from a series of 3-6 sessions, depending on their skin concern and goals.

Q. Is it safe for all skin types?

A. Yes, peels can be customised for all skin types and tones by our skin specialist.



SAFE. EFFECTIVE. SCIENTIFIC.
TAILORED FOR YOU.

Your skin. Our expertise.
Beautiful, natural results.

THIS BROCHURE IS FOR INFORMATION PURPOSES ONLY.
PLEASE CONSULT YOUR SKIN SPECIALIST TO DETERMINE IF THIS
TREATMENT IS RIGHT FOR YOU.

